

San Francisco Bay Area Reservoirs

INTERIM HEALTH ADVISORIES

If you eat the recommended maximum amount of fish from one reservoir, do not eat any other fish during the same month.

County	Reservoir and Fish Species	Women of childbearing age and children (17 years and younger) (meals per month*)	Women beyond childbearing years and men (meals per month*)
Alameda	Del Valle Reservoir		
	Largemouth bass OR	1	1
	Channel catfish OR	1	4
	Bluegill OR	4	12
	Redear Sunfish	4	12
	Lake Chabot		
	Carp OR	0	0
	Largemouth bass OR	1	4
	Channel catfish OR	4	4
	Redear Sunfish	4	12
	Shadow Cliffs Reservoir		
	Carp OR	1	1
	Largemouth bass OR	1	4
Channel catfish	4	4	
Contra Costa	Lafayette Reservoir		
	Largemouth bass OR	1	4
	Goldfish OR	1	4
	Channel catfish OR	4	4
	Black crappie	12	12
Santa Clara	Steven's Creek Reservoir		
	Largemouth bass OR	0	1
	Channel catfish OR	1	1
	Black crappie	1	4
	Anderson Reservoir		
	Largemouth bass OR	0	1
	Carp OR	1	4
Black crappie	1	4	
Marin	Soulajule Reservoir		
	Largemouth bass OR	1	1
	Black crappie OR	1	4
	Channel catfish	1	4
	Nicasio Reservoir		
	Largemouth bass OR	1	4
	Carp OR	1	4
	Bluegill	4	12
Bon Tempe Reservoir			
Largemouth bass	1	1	

* Meal size is assumed to be eight ounces (6 oz. cooked) for a 160-pound adult. Serve smaller meals to children.